

Jeevodaya Hospice, 1/272, Kamaraj Road, Mathur, Manali PO, Chennai-600 068, Tamil Nadu

Contact: **Dr. Manjula Krishnaswamy**
e-mail: jeevodayahospice@gmail.com,
10 Tel: 044 - 2555 5565/2555 9671.

Lakshmi Pain and Palliative Care Clinic, Koko House, 9, Harleys Road, Kilpauk, Chennai-600 010, Tamil Nadu

Contact: **Dr. Subathra Muthukumaran**
e-mail: lakshmipaincare@gmail.com,
11 Tel: 044 - 2641 1879/ 2641 2099.

Total Care Charitable Trust, 17/2, Rangarajapuram First Street, Sri Nagar Colony, Saidapet, Chennai-600 015, Tamil Nadu

Contact: **Dr. Azhar Hussain**
e-mail: totalcare.center@yahoo.com
12 Tel: 044-2235 4035, Mob: 0 98410 23540.

Bangalore Baptist Hospital, Bellary Road, Hebbal, Bangalore, Karnataka-560 024

Contact: **Dr. Ravi Livingstone**
e-mail: ravilivingstone@yahoo.co.in,
13 Tel: 080 2333 0321.

Kidwai Memorial Institute of Oncology, Dept. of Anaesthesiology and Palliative Care, Dr. M.H. Marigowda Road, Bangalore, Karnataka-560 029

Contact: **Dr. P. Saraswathidevi**
e-mail: saraswathidevi@sifi.com,
14 Tel: 080 26094089, Mob: 0 94480 70055.

St. Johns Medical College & Hospital, OPD No. 56, Pain & Palliative Care Unit, Sarjapur Road, Bangalore-34

Contact: **Dr. Barathi**
e-mail: ppcu.sjmch@gmail.com
15 Tel: 080 22065189, Mob: 0 98458 91979

Guwahati Pain and Palliative Care Society, Durganath Hemoprova Hazarika Memorial Palliative Care Clinic, Bhuban Road, Uzan Bazar, Guwahati-781 001

Contact: **Dr. Dinesh Chandra Goswami**
e-mail: goswamidcg@yahoo.co.in / painassam@rediffmail.com
16 Tel: 0361 260 4943/ 233 1076, Mob: 0 98640 64070.

Acharya Harihar, RCC Pain Clinic, Mangalabag, Cuttak, Orissa-753 007

Contact: **Prof. Sukdev Nayak**
e-mail: suk_dev@rediffmail.com, Mob: 0 93389 04400.
17

Institute Rotary Cancer Hospital, All India Institute of Medical Sciences, New Delhi-110 029.

Contact: **Dr. Sushma Bhatnagar**
18 e-mail: shumob@yahoo.com, Mob: 0 98113 26453.

Tata Memorial Centre, Dr. Ernest Borges Marg Parel, Mumbai-400 012

Contact: **Dr. M.A. Muckaden**
e-mail: muckadenma@tmc.gov.in,
19 Tel: 022 2417 7148, Mob: 098203 47802.

Cipla Palliative Care Training Centre, 18/1, Off Mumbai - Bangalore Highway, Warje, Pune, Maharashtra - 411 058

Contact: **Dr. Priyadarshini Kulkarni**
e-mail: priyadarshini.kulkarni@gmail.com/
20 fatima@carebeyondcure.org,
Tel: 020 25311301, Mob: 0 9822455288.

Bhagwan Mahaveer Cancer Hospital and Research Centre, Jawaharlal Nehru Marg, Jaipur, Rajasthan-302 017

Contact: **Dr. Anjum S. Khan Joad**
21 e-mail: anjumjoad@hotmail.com, Tel: 0141 2700107 / 2702120.

Department of Radiotherapy, Govt. Medical College, 88, College Street, Calcutta- 700 073

Contact: **Dr. Shyamal Kumar Sarkar**
e-mail: drsarkarsmay@rediffmail.com,
22 Tel: 033 24612564, Mob: 0 98310 97315.

Department of Pain and Palliative Care, MNJ Institute of Oncology & Regional Cancer Centre, Red Hills, Hyderabad- 500 004

Contact: **Ms. R. Vineela**
23 e-mail: mnj.palliative@gmail.com, Mob: 0 91772 38901

Choithram Hospital And Research Centre, Indore, Madhya Pradesh

Contact: **Dr. Aarti Kaul Patel**
24 e-mail: aartikaul7@gmail.com, Mob: 0 9752547731.

Certificate Course in Essentials of Palliative Care is an Indian adaptation of a similar course offered in UK and Nepal by the Princess Alice Hospice, UK. Dr Max Watson who developed the original course has been involved in the Indianisation of the course.

The course is supported by 'Project Kiran. Project Kiran is a joint venture by Helpage India, Indian Association of Palliative Care, Institute of Palliative Medicine, Help the Aged (UK) and Help the Hospices (UK). The project aims at improving access to Palliative Care in India.

For further details please contact:

The Nearest Regional Centre or Institute of Palliative Medicine,
Medical College, Calicut- 673 008 Ph: 0495 3290956
email: nio.palliative.india@gmail.com

INDIAN ASSOCIATION OF PALLIATIVE CARE

CERTIFICATE COURSE IN ESSENTIALS OF PALLIATIVE CARE 2010



A Basic Course in Palliative Care for Doctors and Nurses

- Eight Weeks of Learning at Home Through Distance Education ■
- Fifteen Hours of Contact Session & Evaluation ■
- Ten Days Clinical Placement (optional) ■

Course delivered through various regional centres in India
Courses starting on 1st June 2010 and 1st November 2010

Indian Association of Palliative Care is running Certificate course in Essentials of Palliative Care for doctors and nurses in India. The course aims at improving the skills of health care professionals in India essentially in communicating with patients and controlling difficult symptoms. This program will be useful for all practicing doctors and nurses irrespective of whether they are interested in pursuing a career in palliative care or not.

Course Outline:

The Certificate Course in Essentials of Palliative Care has two components. Part A intended to build the theoretical base. Part A has eight weeks of distance learning and introductory session in the beginning followed by a contact session of 15 hours. There will be an evaluation at the end and the successful candidates will be awarded the Certificate in Essentials of Palliative Care.

Part B of the course is 10 days of optional clinical placement at a palliative care unit convenient to the candidate. The certificate awarded to candidates successfully completing this clinical component of the course will enable them to apply for license to stock and dispense oral morphine under the modified narcotics rules. Some of the centres may charge fee for the clinical placement in their unit.

The course will be delivered by members of the National Faculty in Palliative Care through different centres in India

The course aims to empower the health care professionals in handling basic palliative care situations. The topics covered include

- Palliative Care - An Introduction
- Communication Skills & Psychological Issues
- Ethical & Spiritual Issues
- Management of Pain
- Management of Other Symptoms
- Palliative Care Emergencies & Common Conditions Requiring Palliative Care
- End of Life Care & Practical Issues Related to Death

Who all can apply?

Doctors who have successfully completed MBBS/ BDS (including those doing their Internship) and Nurses with Diploma in Nursing / BSc Nursing.

This course will be a starting point for those interested in the care of the chronically / incurably ill, the bed ridden and the elderly. But any practicing doctor or nurse irrespective of the specialty are likely to benefit from this training to improve their clinical, communication and organizational skills

Course Fee:

A heavily subsidized course fee of Rs 1,000 (Rupees Thousand Only) will be charged. This will cover the training fee, course material and examination fee. Expenses for travel to the contact sessions, examination and cost of accommodation during the sessions will have to be borne by the candidate. Registered candidates who are not able to write or failed in the examination will get one more chance without paying additional fee.

How to Apply?

The completed application form with the Demand Draft and proof of professional qualifications is to be submitted to the regional centre.

Important Dates for 2010

| Courses starting on | Last date for submitting applications | Evaluation |
|---------------------|---------------------------------------|--------------|
| 1st June 2010 | 1st May 2010 | August 2010 |
| 1st Nov. 2010 | 1st Oct. 2010 | January 2011 |

Regional Centres for IAPC course in 2010:

Palliative Care Clinic, Department of Radiotherapy & Oncology, PGIMER, Chandigarh-160 012

Contact: **Dr. Firuza Patel**
1 e-mail: firuzapatel@gmail.com, Mob: 0 97791 24440.

Institute of Palliative Medicine, Medical College, Calicut-673 008, Kerala

Contact: **Dr. Rajashree**
2 e-mail: drrajisuresh@gmail.com/nio.palliative.india@gmail.com
Tel: 0495 2354166, 3290956, Mob: 0 98952 60192.

Community Resource Centre in Palliative Care, Palliative Care Clinic, Valiyattiparamba Road, Manjeri, Malappuram, Kerala-676 121

Contact: **Dr. A. Shaji**
3 e-mail: drshajia@gmail.com, Mob: 0 94476 31194.

Institute of Palliative Care, District Hospital, Round East, Thrissur-680 001

Contact: **Dr. Ramla Beebi**
4 e-mail: ramlabeebi@gmail.com, Mob: 0 94461 46901.

Department of Palliative Medicine, Amrita Institute of Medical Sciences & Research Centre, Amrita Lane, Elamakkara PO, Kochi, Kerala-682 026

Contact: **Dr. Charu Singh**
5 e-mail: charusingh@aims.amrita.edu, Tel: 0484 4003012.

Department of Palliative Medicine, General Hospital, Ernakulam, Kerala

Contact: **Dr. Rosy**
6 e-mail: dr.rosyka@gmail.com, Mob: 0 94479 23050.

Pain and Palliative Care Unit, Taluk Head Quarters Hospital, Thodupuzha

Contact: **Dr. Mini**
7 e-mail: drminien@yahoo.com, Mob: 0 94479 79744.

Regional Cancer Centre, Thiruvananthapuram, Kerala

Contact: **Dr. Cheriyan Koshi**
8 e-mail: cheriankoshi@yahoo.co.in, Mob: 0 9447127019.

Sudharsana Palliative Care Hospital, 119-D, Palayam Bazar, Woraiur, Trichirappalli, Tamil Nadu-620 003

Contact: **Dr.T. Mohanasundaram**
9 e-mail: mohan.sudharsana@gmail.com,
Tel: 0431 2761171, Mob: 0 93451 16599.