

IAPC Online Palliative Care Training Program - 2020

Every Monday 06:30 – 07:30 AM

SERIES - 1

Date	Topic	Speaker
29/06/2020	Approach to an adult patient with intractable cancer pain <ul style="list-style-type: none">• Difficult to control cancer pain• Physiological approach for pain assessment• Approach to management of mixed pain types in cancer	Dr. M R Rajagopal
06/07/2020	Approach to prescribing strong opioids for pain management <ul style="list-style-type: none">• Opioids pharmacotherapy• Initiating strong opioids• Titrating opioid dose and opioid rotation	Dr. Nandini Vallath
13/07/2020	Approach to an adult patient presenting with opioid toxicities <ul style="list-style-type: none">• Opioid induced vomiting and constipation• Opioid induced neurotoxicity• Life threatening opioid toxicities and reversal	Dr. Seema Mishra
20/07/2020	Approach to a patient with cancer pain needing interventions <ul style="list-style-type: none">• Indications for interventional pain management• Common interventional procedures and outcomes• When not to consider a patient for interventions	Dr. Sushma Bhatnagar
27/07/2020	Approach to a cancer patient with substance abuse disorder <ul style="list-style-type: none">• Prescribing opioids with a history of substance abuse• Concurrent management of substance abuse and pain• Preventing opioid abuse and diversion	Dr. Jayita Deodhar
03/08/2020	Approach to a patient presenting with neurological weakness in a palliative care setting <ul style="list-style-type: none">• Clinical approach to neurological level localisation• Assessment and management of neurological weakness in malignant spinal cord compression• Assessment and management of neurological weakness in motor neuron disease	Dr. Roop Gursahani
10/08/2020	Approach to neurological conditions needing palliative care <ul style="list-style-type: none">• Neurological conditions needing palliative care• Palliative care in a patient with cerebrovascular accident• Disorders of consciousness and palliative care	Dr. Roop Gursahani
17/08/2020	Approach to a patient with abdominal pain and distension <ul style="list-style-type: none">• Pain abdomen and distension in a palliative care setting• Managing malignant ascites in a palliative care setting• Managing malignant bowel obstruction in palliative care	Dr. Anjum Joad Khan
24/08/2020	Approach to an adult patient with breathlessness <ul style="list-style-type: none">• Chronic breathlessness syndrome and its causes	Dr. Nishkarsh Gupta

	<ul style="list-style-type: none"> • Assessment of breathlessness in a palliative care setting • Management of breathlessness in palliative care 	
31/08/2020	<p>Approach to an angry/patient family in a palliative care setting</p> <ul style="list-style-type: none"> • Exploring source of anger • Stepwise approach for mitigation • Protecting the health care provider in anger situation 	Dr. Santosh Chaturvedi
07/09/2020	<p>Approach to difficult communication in palliative care – 1</p> <ul style="list-style-type: none"> • Conflict as a communication conundrum • Managing patient-family conflict & conflicts within family • Conflict between providers and patient/family conflict • Resolving team conflicts 	Dr. Chitra V
14/09/2020	<p>Approach to difficult communication in palliative care – 2</p> <ul style="list-style-type: none"> • Collusion as a communication conundrum • Managing patient-family collusion • Communication strategies to resolve collusion 	Dr. Nagesh Simha
21/09/2020	<p>Approach to difficult communication in palliative care – 3</p> <ul style="list-style-type: none"> • Denial as a communication conundrum • Approaching denial among patients and families • Communication strategies to resolve collusion 	Dr. Seema Rao
28/09/2020	<p>Approach to a patient with end-stage heart failure</p> <ul style="list-style-type: none"> • Assessing palliative care needs in end-stage CHF • Symptom management in end-stage CHF • Limiting cardiac interventions & PC in cardiac transplant 	Dr. Shobha Nair
05/10/2020	<p>Approach to a patient with end-stage CKD</p> <ul style="list-style-type: none"> • Assessing palliative care needs in CKD5/CKD5D • Symptom management in CKD5/CKD5D • Limiting renal interventions & PC in dialysis/transplant 	Dr. Pankaj Singhai
12/10/2020	<p>Approach to a patient with end-stage COPD</p> <ul style="list-style-type: none"> • Assessing palliative care needs in COPD • Symptom management in advanced COPD • Limiting ICU interventions & Palliative Oxygen Therapy 	Dr. Anuja Damani
19/10/2020	<p>Approach to a patient with end-stage Chronic Liver Disease</p> <ul style="list-style-type: none"> • Assessing palliative care needs in CLD • Symptom management in advanced CLD • Managing hepatic encephalopathy and GI bleed 	Dr. Arunanghsu Ghoshal
26/10/2020	<p>Approach to a patient with dyselectrolytemias in Palliative Care 1</p> <ul style="list-style-type: none"> • Hyponatremia and Hypernatremia • Hypokalaemia and Hyperkalaemia 	Dr. Krithika Shinde
02/11/2020	<p>Approach to a patient with dyselectrolytemias in Palliative Care 2</p> <ul style="list-style-type: none"> • Hypocalcaemia and Hypercalcemia • Hypomagnesemia • Hyperphosphatemia 	Dr. Raghavendra Ramanjulu

09/11/2020	<p>Approach to managing pain in a child in a palliative care setting</p> <ul style="list-style-type: none"> • Assessing pain in children • Analgesic prescription in paediatric population • Non-pharmacological approaches for managing pain 	Dr. Gayatri Palat
16/11/2020	<p>Approach to managing non-pain symptoms in a child</p> <ul style="list-style-type: none"> • Assessment and management of breathlessness • Assessment and management of nausea and vomiting • Assessment and management of constipation 	Dr. Lulu Mathews
23/11/2020	<p>Approach towards providing end of life care for children</p> <ul style="list-style-type: none"> • Recognising end of life care needs in children • End of Life Care symptom management in children • Supporting parents and family caregivers 	Dr. Mary Ann Muckaden
30/11/2020	<p>Approach to an adult patient with Nausea and Vomiting</p> <ul style="list-style-type: none"> • Receptor based approach for NV assessment • Pharmacological management and rationale for choice of drugs 	Dr. Rakesh Garg
07/12/2020	<p>Approach to an adult patient with Constipation</p> <ul style="list-style-type: none"> • Causes of constipation in a palliative care setting • Pharmacological and non-pharmacological management • Opioid induced constipation 	Dr. Vinod Kumar
14/12/2020	<p>Approach to an adult patient with Anorexia and Fatigue</p> <ul style="list-style-type: none"> • Mechanisms of Anorexia-Cachexia and Fatigue • Assessment of Anorexia-Cachexia and Fatigue • Management of Anorexia-Cachexia and Fatigue 	Dr. Sachidananda Jee Bharathi
21/12/2020	<p>Approach to an adult patient with Delirium</p> <ul style="list-style-type: none"> • Recognising/Assessing Delirium • Prevention and non-pharmacological strategies • Pharmacological management of Delirium 	Dr. Naveen Salins
28/12/2020	<p>Approach to a dying adult patient needing end of life care</p> <ul style="list-style-type: none"> • Recognising last hours of living • Assessment of end of life care needs • Managing end of life symptoms and anticipatory prescribing 	Dr. Rajashree Suresh