

### 6.3. Home palliative care team toolbox - Dr Stanley Macaden / Sr Alice Stella

#### HOME CARE TEAM TOOLBOX

Emergency kit (see also Home care Kit – BBH)	Emergency medications, infusion set, scalp needles, canula of all size, tape to secure. 10ml, 5ml, and 2.5ml syringes with needle
Sterile items	Catheterization set, NGT tubes, wound dressing trays and materials.
Other items	All medications including opioids, and injections, B.P. apparatus, thermometer, Pulse oximeter, GRBS device to test blood sugar. Sterile masks, gloves, gown and head cap. Nebulizer separate for each patient.
For COVID 19 +PATIENTS	STANDARD PPE, FOR EACH PATIENT SEPARATE PPE
Waste disposal	Color code bags to collect the used items. Puncture proof container for disposal of sharps
Hand wash	Liquid soap and hand sanitizer
Pamphlet or charts for the patient and family (See video on ‘Family Driver’ for using SC route)	Tips for caregivers how to look after the patient. How to communicate with the patient. How to manage COVID19 symptoms at home. How to protect ourselves from this virus.
For the team	Get your work place ready to care for yourselves and the patients. Take universal precaution. Use PPE for all suspected patients and confirm cases. Display charts of hand washing, COVID19 symptoms charts, Charts showing how to prevent by using mask and hand washing, distance keeping
Check list about patients	Patients case sheet – separate for COVID19 PATIENTS and regular patients who need home care. Home care documentation and Follow-up sheet (Blue Maple - GCP-D)
Check list for the team	Schedule regular team catch ups by video conference or over the phone, maintain communication with staff, inspect the PPE, other things and vehicles before starting the home care.
Phone dairy	Before leaving for home care give a call for the family

Home care kit

S. No	Injections	No	Name of medication	Strength	Quantity
1		1	Tramadol	50 mg	20
2		2	Ondansetron	4 mg	20
3		3	Metaclopramide	10 mg	20
4		4	Hyoscine Butylbromide	20 mg	20
5		5	Midazolam	5 mg	10
6		6	Ranitidine	50 mg	20
7		7	Dexamethasone	4 mg	10
8		8	Haloperidol	5 mg	20
9		9	Furosemide	20 mg	8
10		10	Fentanyl	50 microgm	10
11		11	Diclofenac Aqua	75 mg	5
12		12	Tranexamic acid	500 mg	2
13		13	Naloxone	400 mg	1
14		14	Morphine	15 mg	10
15	<b>Tablets / Capsule</b>	1	Ranitidine	150 mg	20
16		2	Pantoprazole	40 mg	10
17		3	Ondansetron	4 mg	60
18		4	Metaclopramide	10 mg	50
19		5	Hyoscine	10 mg	30
20		6	Lorazepam (Ativan)	1 mg	30
21		7	Dexamethasone	4 mg	40
22		8	Deriphylline	150 mg	35
23		9	Paracetamol	650 mg	30
24		10	Furosemide	40 mg	15
25		11	Diclofenac	50 mg	10
26		12	Fluconazole	150 mg	7
27		13	Metronidazole	400 mg	45
28		14	Amitryptilline	10 mg	30
29		15	Tramadol + Paracetamol	37.5 + 325 mg	50
30		16	Bisacodyl	5 mg	50
31		17	Bisacodyl suppositories	10 mg	10
32		18	Lasilactone (Furosemide + Spironolactone)	25 + 50 mg	30
33		19	Tranexamic acid	500 mg	40
34		20	Haloperidol	5 mg	10
35		21	Tramadol	50 mg	20
36		22	Mirtazapine	15 mg	100
37	Butterfly needle			23 gauge	6
38	Dressing sets				3
39	PR set				1

40	Catheterisation set				2
41	Nasogastric tube				2
42	Normal saline			500 ml	4
43	Metronidazole Inj			100 ml	3
44	Betadine solution			100 ml	1
45	Hand sanitizer				1
46	Baciloid				1
47	Liquid soap				1
48	PPE for all staff				
49	Face mask				
50	Puncture proof container				1
51	Gloves			box	
52	BP app				1
53	Stethoscope				1
54	Pulse oxymeter				1
55	Nebuliser		Saline nebs/Dualin nebs/ Budecort nebs	5 of each	1