

Day 1, Saturday, 29th October, 2022	
Time	Topic
9:00 a.m. - 9:10 a.m.	Introduction and Welcome
9:10 a.m. - 9:40 a.m.	Introduction to Adult Palliative Care and Multidisciplinary team
9:40 a.m. - 10:15 a.m.	Spectrum of diseases covered under palliative care: Oncology & Non oncology including mental illness
10:15 a.m. - 11:00 a.m.	Role of Volunteers: Networking, fundraising and advocacy
11:00 a.m. - 11:15 a.m.	BREAK
11:15 a.m. - 12:15 p.m.	Essentials of counselling in basic communication skills
12:15 p.m. - 1:00 p.m.	Discussing goals of care, life sustaining treatment – transition to palliative care
Day 2, Sunday, 30th October, 2022	
9:00 a.m. - 9:45 a.m.	Introduction to Paediatric and Adolescent Palliative care
9:45 a.m. - 10:30 a.m.	Understanding of death and dying by children and psychological issues
10:30 a.m. - 11:15 a.m.	Common psychological issues in adolescents
11:15 a.m. - 11:30 a.m.	BREAK
11:30 a.m. - 12:15 p.m.	Breaking bad news
12:15 p.m. - 1:00 p.m.	Handling Collusion, Anger and Denial
Day 3, Saturday, 5th November, 2022	
9:00 a.m. - 9:45 a.m.	General Psychological Issues in Palliative Care, Personality & Illness
9:45 a.m. - 10:30 a.m.	Role of Medical Social Worker, Addressing social issues & Social rehabilitation
10:30 a.m. - 11:15 a.m.	Grief & Bereavement
11:15 a.m. - 11:30 a.m.	BREAK
11:30 a.m. - 12:15 p.m.	Management of pain
12:15 p.m. - 1:00 p.m.	Nursing perspectives and comfort measures in Palliative Care
Day 4, Sunday, 6th November, 2022	
9:00 a.m. - 9:45 a.m.	Home Care Services
9:45 a.m. - 10:30 a.m.	Existential and Spiritual issues in Palliative Care
10:30 a.m. - 11:30 a.m.	Care giver burden, Self care and support group management
11:30 a.m. - 11:45 a.m.	BREAK
11:45 a.m. - 12:15 p.m.	Complementary and alternative treatments
12:15 p.m. - 1:00 p.m.	Place of care, place of death, End of life care and ethical issues