Indian
Association of
Palliative
Care

## IAPC's Certificate Course in Managing psychosocial issues of patients with chronic illnesses in palliative care settings

Course Schedule

| Date and Time | Topic | Resource Person |
| :---: | :---: | :---: |
| Day 1 (Sunday, ${ }^{\text {rd }}$ December, 2023) |  |  |
| 9:00 a.m. to 9:10 a.m. | Inauguration | Dr Sushma Bhatnagar |
| 9:10 a.m. to 9:30 a.m. | Workshop Objectives | Dr Seema Rao and Dr Ganpathy KV |
| 9:30 a.m. to 10:30 a.m. | Spectrum of diseases in Palliative Care | Dr Shrikant Atreya |
|  | Bio psycho social spiritual model of care |  |
| 10:30 a.m. to 11:30 a.m. | Illness and Suffering experiences of patients | Ms Michelle Normen |
| 11:30 a.m. to 11:45 a.m. | BREAK |  |
| 11:45 a.m. to 12:45 p.m. | Basic Counselling skills and its ethics | Dr Maya Shravanthi |
|  |  |  |
| Day 2 (Monday, $4^{\text {th }}$ December, 2023) |  |  |
| 4:00 p.m. to 5:00 p.m. | Communication skills including Role play (Breaking bad news, Collusion, Denial and Anger) | Dr Seema Rao and Dr Ganpathy |
| 5:00 p.m. to 6:00 p.m. | Experiential learning from each other |  |
| Day 3 (Tuesday, $5^{\text {th }}$ December, 2023) |  |  |
| 4:00 p.m. to 5:00 p.m. | Distress pathway | Dr Jayita Deodhar |
| 5:00 p.m. to 6:00 p.m. | Psychological issues in palliative care - Part 1 | Dr Soumitra Dutta |
| Day 4 (Wednesday, ${ }^{\text {th }}$ December, 2023) |  |  |
| 4:00 p.m. to 5:00 p.m. | Psychological issues in palliative care - Part 2 | Dr Prabha Chandra |
| 5:00 p.m. to 6:00 p.m. | Grief and Bereavement | Ms Keshav Sharma |
| Day 5 (Thursday, ${ }^{\text {th }}$ December, 2023 |  |  |
| 4:00 p.m. to 5:00 p.m. | Psychotherapeutic interventions in PC | Ms Michelle Normen |
| 5:00 p.m. to 6:00 p.m. | Dignity Conserving Care and Dignity Therapy | Dr Seema Rao |
| Day 6 (Friday, $8^{\text {th }}$ December, 2023) |  |  |
| 4:00 p.m. to 5:00 p.m. | Coping | Dr Ganpathy |
| 5:00 p.m. to 6:00 p.m. | Caregivers | Dr Arati Hota |
| Day 7 (Saturday, ${ }^{\text {th }}$ December, 2023) |  |  |
| 2:00 p.m. to 3:00 p.m. | Self-care | Dr Amelia |
| 3:00 p.m. to 4:00 p.m. | Spiritual issues in palliative care | Dr Vidya Viswanath |
| 4:00 p.m. to 4:15 p.m. | BREAK |  |
| 4:15p.m. to 5:15 p.m. | Issues in End-of-Life Care | Dr Shreya Nair |
| 5:15 p.m. to 5:45 p.m. | Discussions and Wrap up | Dr Ganpathy and Dr Seema Rao |

