

31st International Conference of IAPC

Hosted By

Department of Palliative Medicine, GCRI

Pre-Conference Workshop: 08 Feb 2024, Thursday

Scientific Program: 09, 10, 11 Feb 2024

31st International Conference of Indian Association of Palliative Care was organized by The Department of Palliative Medicine, The Gujarat Cancer & Research Institute, Ahmedabad. It had two components.

1. Pre-Conference Workshop on 08 Feb 2024, Thursday
2. Conference on 09, 10, 11 Feb 2024, from Friday to Sunday

Theme of the conference was **“Revisiting The Domains of Palliative Care”** which was aimed to address all components and Multi-Disciplinary Team of Palliative Care.

Pre-Conference Workshops

The Pre-conference workshops were planned to address focus group practicing Palliative Care. Six workshops were conducted and total 183 participants attended workshops.

1. CBT approaches in palliative care
2. Point of care USG in Palliative Care
3. Building Grief and Bereavement Programs
4. Extending the reach of Paediatric Palliative Care to improve the quality of life of children with life limiting conditions
5. Palliative Care Physiotherapy for Cancer Patients
6. Symptom Assessment and Management in Palliative Care: Empowering Nurses for optimal Patient Comfort

Conference

The two and a half day's conference had scientific sessions encasing the theme of the conference. It was planned in three halls plus two halls were exclusively for paper and poster presentations. Conference was started with plenary sessions by Dr.M.T.Bhatia , he gave glance regarding the advent of palliative care in Gujarat followed by plenary sessions of Dr.Pamela Sutton and Dr.M.R.Rajagopal

regarding WHO 's initiative in palliative care expansion and positioning of palliative care into Indian health sector respectively. There were total six plenary sessions, by eminent International and National faculties on current status of education on palliative care, evolution of renal palliative care and multiple steps for effective leadership and its need in palliative care. The scientific programme covered the topics of clinical practice, nursing issues, psycho-social and spiritual aspects as well as role of complimentary therapy for palliative care. Sessions on Neuro Palliative Care, Paediatric Palliative Care and End Stage Renal Disease had exclusive exchange of knowledge and experience. Top leader (Directors and Superintendents) from various specialist and super-specialist institutes and head of various departments chaired these sessions. Session on Palliative Care in patients with drug abuse was chaired by Assistant commissioner from FDCA, Government of Gujarat. Very fruitful discussion, full of knowledge regarding NDPS act was done amongst panellists and delegates.

Gujarat Medical Council had given 07 Credit hours to the conference.

Inauguration

The Chief Guest of the inauguration function was Shri Dhananjay Dwivedi, Principal Secretary, MoHFW, Govt of Gujarat. Dr Sushma Bhatnagar, President IAPC, Dr Shashank Pandya, Director, GCRI, Dr Suresh Reddy, representative from Indo-American Cancer Association, Shri Kshitish Madanmohan, Gen Secretary, GCS and organising Chair and Secretary were on dais. The Chief guest acknowledged the need of Palliative Care in the state of Gujarat and promised to implement National Program for Palliative Care. The dignitaries on the dais also felicitated the awardees of Cancer Aid Society awards, Bruce Devis Award and release of book on "Guidelines for Homecare" by Can Support.

A faculty Dinner and Gala Dinner with **Cultural event** was held on 08 Feb and 10 Feb respectively.

Various activities for Post-graduate students and Faculty

- Quiz Competition: Post graduate students took part in Quiz Competition.
Winners team was: **Dr Suhana Sulfiker** – 3rd year resident, AIIMS, New Delhi
Dr Aakash Hinduja – 3rd year resident, Basavatarakam Indo-American Cancer Hospital and Research Institute, Hyderabad
Dr Pratyasa Padhi – Senior Resident, IMS and SUM Hospital Bhubaneswar
- Creative Posters Competition: Total 27 delegates participated in Creative Posters Competition and there were total 33 creative posters based on conference theme.
1st Prize Winner- **Sameer Cuncolkar**, Psychologist, Helpage NGO, Goa
2nd Prize Winner- **Dr Prasun P**, Assistant Professor and in-charge, Palliative Medicine

Advanced Centre for Treatment Research and Education in Cancer (ACTREC) – Tata Memorial Centre

3rd prize winner- **Mrs Vincy Sophia. S**, Senior nursing officer, JIPMER

- Oral Paper presentation: Total 62 Papers were presented during the conference. A panel of judges judged the papers and IAPC had declared three awards.

1st Prize Winner- **Miss Shubha Pai**, Psychologist, Basavatarakam Indo-American Cancer hospital, Hyderabad

Sleep quality and coping styles in nurses working in a tertiary cancer hospital

2nd Prize Winner- **Dr Priya Treesa Thomas**, Social Worker, Additional Professor, NIMHANS, Bengaluru

Palliative care needs, symptom concerns and care giver burden in chronic neurological disorders.

3rd Prize Winner- **Dr Pratyasa Padhi**, Senior Resident, IMS and SUM Hospital Bhubaneswar

Assessment of symptom burden and quality of life in patients of primary brain tumors receiving palliative care in a tertiary cancer care center.

- Poster presentation: Total 82 Posters were presented during the conference. A panel of judges judged the E-posters and IAPC had declared three awards

1st Prize Winner- **Joris Gielen**, Director, Center for health care ethics, Pittsburgh, USA

Attitudes of Indian physicians and nurses to euthanasia: A meta-analysis of the data of the last 10 years.

2nd Prize Winner- **Dr Anuja Damani** Associate Professor, Dept of Palliative Medicine and Supportive Care, Kasturba Medical College and Hospital, Manipal.

Profiling the Mortality Patterns and Place of Death in End-Stage Kidney Disease Patients on Hemodialysis – A Single Centre Retrospective Study

3rd Prize Winner- **Dr Richa Randhawa**, Post Graduate resident, Mahatma Gandhi Medical College and Hospital

Transcutaneous Electric Nerve Stimulation (TENS) For Cancer Pain in Adult Patient.

- Oral Paper presented by **Dr Pranab Kumar Basu**, Editor of “A beginner’s guide for care of the dying” was too good to be judged by judges. He deserves a special appreciation.

Dr M T Bhatia Award

Dr M T Bhatia, Former Prof & Head, Department of Anesthesia and Pain Clinic, and Pioneer in starting Palliative Care services in GCRI, declared an award for The Best Poster Presentation for the Nurses in the subject of Palliative Care. The award will be given by The IAPC, Gujarat State Chapter, every year during the conference. A cash prize of Rs 10,000 and certificate were given to the winner.

- Winner- **Mr Athar Javeth**, Assistant Professor, AIIMS, Kalyani
Aroma Therapy for the management of cancer related fatigue: A systemic review and meta-analysis

“Walkathon” – A Public Awareness Program

First time a public awareness program was arranged during the IAPC Annual Conference. It was aimed at creating awareness in general public regarding Palliative Care Services. Sanjeevani... Life beyond Cancer, a NGO working for Cancer patients and GCRI jointly organized “Walkathon” on 11 Feb 24, Sunday, 6.30 am at Sabarmati River Front, Ahmedabad. Many dignitaries of IAPC, GCRI and Sanjeevani participated in the event. Approximately 1500 participants walked with Placards for 2.5 Kms and talked to people about Palliative Care and its importance.

Valedictory Function

Valedictory Function was held on 11 Feb, 1 pm. Dr Sushma Bhatnagar, President IAPC, Dr Savita Butola, Secretary IAPC, Dr M R Rajagopal, Dr M T Bhatia and Organising team conducted the function. Awardees of various competitions and presentations were felicitated. Dr Sushma Bhatnagar appreciated the hard work of organizing team and overall scientific program and various activities planned during the IAPCON 2024. The Organising team thanked everyone for the support, cooperation and guidance.