

### **Report of 3<sup>rd</sup> CME Delhi IAPC**

The Department of Onco-Anesthesia & Palliative Medicine at Dr. B.R.A IRCH, AIIMS, New Delhi, hosted a 3<sup>rd</sup> CME of Delhi IAPC addressing crucial aspects of nutrition in cancer patients. The agenda commenced with a warm welcome from Dr. Seema Mishra, Chairman of Delhi-IAPC, followed by addresses from Dr. Sushma Bhatnagar, Chief, Dr. B.R.A IRCH, AIIMS, New Delhi and President of IAPC, Dr. Sanjay Thulkar, Head, Department of Radiology, Dr. B.R.A IRCH, AIIMS, New Delhi and Dr. Parmeet Kaur, Chief Dietician, AIIMS, New Delhi. The inauguration featured the traditional lighting of the lamp and Saraswati Vandana.

The sessions delved into significant topics related to cancer nutrition. Dr. Raja Pramanik (Medical Oncologist) discussed nutritional deficiencies in cancer patients, joined by a panel comprising Prof. Sushma Bhatnagar, Prof. D N Sharma, and Prof. Sunil Kumar. Dr. Ranjit Kumar Sahoo (Medical Oncologist) elucidated cancer cachexia, its definition, pathophysiology, and evaluation, followed by Dr. Sachidanand Jee Bharti's (Palliative Medicine) insights into its management.

Ms. Markyanti Sohlange (Dietician), Dr. Nishkarsh Gupta, and Dr. Gaurav Chandra provided insights into current guidelines for nutrition in cancer patients, while Dr. Abhishek Shankar (Radiation Oncologist) shed light on the role of diet in cancer prevention.

A panel discussion ensued, moderated by Prof. Seema Mishra, focusing on the multidisciplinary approach for managing nutritional deficiencies in cancer patients. The panel included experts such as Dr. Vinod Kumar (Palliative Medicine), Dr. Ajay Gogia (Medical Oncologist), Dr. Ahitagni Biswas (Radiation Oncologist), Dr. Sandeep Bhowmik (Surgical Oncologist), Dr. Aditya Gupta (Pediatric Oncologist), Dr. Deepa Khurana (Palliative Medicine), Dr. Reena Sharma (Home care team), Dr. Puneet Rathore (Palliative Medicine), Ms. Neelima Shingade (Nursing personnel), and Ms. Markyanti M Sohlange (Dietician), among others.

A quiz session, led by Prof. Rakesh Garg, provided an interactive platform for delegates. Dr. Sachidanand Jee Bharti, Honorary Secretary Delhi-IAPC, concluded the event with a vote of thanks, after which attendees enjoyed a refreshing break.

Overall, the event provided a comprehensive exploration of nutrition's vital role in cancer care, featuring presentations, discussions, and interactive sessions with experts from diverse backgrounds, facilitating valuable insights and knowledge exchange among participants.