

IAPC's Foundation Course in Palliative Care for Volunteers

Schedule for the batch of November 2025

Day 1, Thursday, 20 th November, 2025		
Time	Topic	
2:55 p.m. - 3:00 p.m.	Introduction and Welcome	
3:00 p.m. - 3:45 p.m.	Introduction to Adult Palliative Care and Multidisciplinary Team	
3:45 p.m. – 4: 30 p.m.	Spectrum of diseases covered under palliative care: Oncology & Non-oncology, including mental illness	
4:30 p.m. - 4:45 p.m.	BREAK	
4:45 p.m. - 5:30 p.m.	Introduction to Pediatric and Adolescent Palliative care	
Day 2, Friday, 21 st November, 2025		
3:00 p.m. - 3:45 p.m.	Discussing goals of care, life sustaining treatment – transition to palliative care	
3: 45 p.m. - 4:00 p.m.	BREAK	
4:00 p.m. - 5:00 p.m.	Role of Volunteers / Community Participation: Networking and fundraising	
Day 3, Saturday, 22 nd November, 2025		
9:00 a.m. - 9:45a.m.	Essentials of counselling in basic communication skills	
9.45 a.m. -10.30 a.m.	Breaking bad news	
10. 30 a.m.- 10.45 a.m.	BREAK	
10.45 a.m. -11.45 a.m.	Handling Collusion, Anger and Denial	
11.45 a.m. - 12.30 p.m.	Common psychological issues in adolescents	
12.30 p.m. - 12:45 p.m.	BREAK	
12.45 p.m. to 1.30 p.m.	Role of Medical Social Worker, Addressing social issues & Social rehabilitation	
Day 4, Sunday, 23 rd November, 2025		
9:00 a.m. – 10.00 a.m.	General Psychological Issues in Palliative Care, Personality & Illness	
10:00 a.m. – 10:45 a.m.	Management of Pain	
10.45 a.m. 0 11:00 a.m.	Break	
11:00 a. m. – 12:00 p.m.	Understanding of death and dying by children and psychological issues	
12:00 p.m. -12:15 p.m.	Break	
12: 15 p.m. - 1:15 p.m.	Care giver burden, Self-care and support group management	

Day 5, Monday, 24 th November, 2025		
3:00 p.m. – 4:00 p.m.	Nursing perspectives and comfort measures in Palliative Care	
4:00 p.m.- 4:15 p.m.	BREAK	
4:15 p.m. to 5: 15 p.m.	Grief & Bereavement	
Day 6, Tuesday, 25 th November, 2025		
2:45 p.m. - 3:30 p.m.	Existential and Spiritual issues in Palliative Care	
3:30 p.m. - 4:15 p.m.	Place of care, place of death, End of life care and ethical issues	
4:15 p.m. - 4:30 p.m.	BREAK	
4:30 p.m. - 5:15 p.m.	Home Care	
5:15 p.m. - 6:00 p.m.	Complementary and alternative treatments	
6:00 p.m. – 6:15 p.m.	Discussions and Guidance to proceed to the ‘Part B’ component of the course	