

IAPC's Foundation Course in the Essentials of Psychosocial Issues in Palliative Care

Course Schedule (December 2025)

Date and Time	Topic	
Day 1 (Monday, 1st December, 2025)		
3.00 to 3.10 p.m.	Inauguration	Dr Geeta Joshi
3.10 to 3.30 p.m.	Workshop Objectives	Dr Seema Rao and Dr Ganpathy KV
3.30 p.m. to 4.30 p.m.	Spectrum of diseases in Palliative Care	Dr Shrikant Atrey
Day 2 (Tuesday, 2nd December, 2025)		
3.00 p.m. to 4.00p.m.	Distress pathway	Dr Priya Thomas
4.00 to 4.15 p.m.	Break	
4.15 to 5.15 p.m.	Basic Counselling skills	Dr Sravanthi Maya
Day 3 (Wednesday, 3rd December, 2025)		
3:00 p.m. to 4.00 p.m.	Communication skills including Role play (<i>Breaking Bad News, Collusion, Denial and Anger</i>)	Dr Seema Rao, Dr K V Ganpathy
4.00 p.m. to 4.15 p.m.	Break	
4.15 p.m. to 5.15 p.m.	Experiential learning from each other	Dr Seema Rao, Dr K V Ganpathy
Day 4 (Thursday, 4th December, 2025)		
3:00 p.m. to 4.00 p.m.	Grief and Bereavement	Ms Keshav Sharma
4.00 p.m. to 4.10 p.m.	Break	
4.10 p.m. to 5:10 p.m.	Pediatric Palliative Care	Dr Krithika Rao
Day 5 (Friday, 5th December, 2025)		
3:00 p.m. to 4:00 p.m.	Dignity Conserving Care and Dignity Therapy	Dr Seema Rao
4.00 p.m. to 4.10 p.m.	Break	
4.10 p.m. to 5. 10 p.m.	Illness and Suffering experiences of patients	Michelle Nooreman
Day 6 (Saturday, 6th December, 2025)		
9.00 to 10.00 am	Psychological issues in palliative care – Part 1	Mr Dean George
10.00 to 11.00 am	Psychological Issues in Palliative Care – Part II(demoralization)	Dr Parth and Dr Ganpathy
11.00 to 11.15 am	Break	
11.15 to 12.15	Psychotherapeutic Interventions	Ms Anamika Pandey
12.15 to 1.15	Self- care	Dr Annie Jacob
Day 7 (Sunday, 7th December, 2025)		
9.00 a.m. to 10.00 a.m.	Coping	Dr Ganpathy K
10-11 a.m.	Caring the Caregivers	Dr Arthi Hoda
11 to 11.15	Break	
11:15a.m. to 12:00 p.m.	Spiritual and existential issues in palliative care	Ms Shubha Pai
12.00-1.00 p.m.	Issues in End-of-Life Care	Dr Anuja Damani
1.00 -1.15 p.m.	Discussions and wrap up	Dr Seema Rao and Dr K V Ganpathy