



## 34<sup>th</sup> International Annual Conference of the Indian Association of Palliative Care (IAPC)

📍 Convention Complex, SOA University, Bhubaneswar, Odisha

Theme: Humanising Hi-Tech Medicine - Where Algorithm Meets Empathy

Pre-Conference Workshop  
📅 February 18, 2027

Conference  
📅 February 19 - 21, 2027

## IAPCON 2027: Call for Pre-Conference Workshop Proposals

*Pre- Conference workshops date: 18<sup>th</sup> February, 2027*

### **Topics**

#### **1. POCUS (Point-of-Care Ultrasound)**

This workshop will focus on the **practical application of bedside ultrasound in palliative care**, including assessment of ascites, pleural effusion, bladder volume, DVT, Cardiac status and procedural guidance. Participants are expected to gain **hands-on skills** and understand how POCUS can enhance **clinical decision-making and symptom management**.

#### **2) Artificial Intelligence in Palliative Care (Clinical, Academic & Research Applications)**

This workshop will explore the **use of AI in prognostication, symptom prediction, education, and research**. Participants will learn about **current tools, limitations, ethical considerations, and future directions**, with a focus on practical applicability.

#### **3) Physiotherapy in Palliative Care**

This workshop will demonstrate rehabilitation strategies, mobility support, and exercise-based interventions tailored for palliative care patients. Focus will be on maintaining function, reducing symptom burden, and improving quality of life.

#### **4) Personalised Nutritional Rehabilitation & Exercise in Cancer Cachexia**

Participants will learn approaches to **nutritional assessment, personalised diet planning, and exercise strategies** in patients with cachexia. **The session will emphasise multidisciplinary management and realistic goal setting.**

#### **5). Advanced Drug Delivery Systems**

This session will focus on **innovative drug delivery methods**, including **intrathecal pumps, transdermal systems, and continuous infusions**. The aim is to improve **precision and effectiveness in symptom control**.



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## 6). Mind–Body Approaches (Psychotherapy, Hypnosis, Meaning-Centred Interventions)

This workshop will cover **psychotherapeutic techniques and mind–body interventions** for managing psychological and existential distress. Participants will be introduced to **clinical hypnosis, CBT-based approaches**, and meaning-centred therapy, with practical demonstration.